



# GIVE US A BELL!

## Your two local bell towers are looking for new members

Bell ringing is a free, friendly team activity that is open to everyone. It stimulates the brain and helps to keep you fit, while making a glorious sound. In learning to ring you will be part of a global group of friends, start a lifelong learning experience, maintain a traditional skill, serve your community and get the opportunity to visit some amazing places!

For more information please contact  
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Ian McCulloch - 0450 461 283

**St Andrew's Church, South Brisbane**

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Find out more at [www.bellringing.org](http://www.bellringing.org)